

Name: \_\_\_\_\_

## 1. Communication Expenses

\$ \_\_\_\_\_ Cellular Phone purchase  
 \$ \_\_\_\_\_ Monthly cellular expenses  
 \_\_\_\_\_ % used for Business  
 \$ \_\_\_\_\_ Long distance/Toll calls  
 \$ \_\_\_\_\_ Answering machine  
 \$ \_\_\_\_\_ Voice mail  
 \$ \_\_\_\_\_ Monthly internet expenses

## 2. Job Supplies/Safety Equipment

\$ \_\_\_\_\_ Strike Bag/Gear Bag/Backpack  
 \$ \_\_\_\_\_ Flashlight & batteries  
 \$ \_\_\_\_\_ Knife/Utility Tool  
 \$ \_\_\_\_\_ Camelback  
 \$ \_\_\_\_\_ Binoculars  
 \$ \_\_\_\_\_ Webbing/Repelling gear  
 \$ \_\_\_\_\_ Helmet  
 \$ \_\_\_\_\_ Rain gear  
 \$ \_\_\_\_\_ Equipment Repairs/Maintenance  
 \$ \_\_\_\_\_ Protective eye wear/sunglasses  
 \$ \_\_\_\_\_ Maps  
 \$ \_\_\_\_\_ Office supplies/Calendars  
 \$ \_\_\_\_\_ Recorder & Tapes  
 \$ \_\_\_\_\_ Sunscreen  
 \$ \_\_\_\_\_ Wetsuits  
 \$ \_\_\_\_\_ Rash Guard  
 \$ \_\_\_\_\_ Hand Protection/Gloves  
 \$ \_\_\_\_\_ Fins  
 \$ \_\_\_\_\_ Rescue Can/Buoy  
 \$ \_\_\_\_\_ Radio/Radio Equipment

## 3. Uniforms & Upkeep

\$ \_\_\_\_\_ Shirts  
 \$ \_\_\_\_\_ Pants  
 \$ \_\_\_\_\_ Board Shorts  
 \$ \_\_\_\_\_ T-shirts  
 \$ \_\_\_\_\_ Sweatshirts  
 \$ \_\_\_\_\_ Jacket  
 \$ \_\_\_\_\_ Belt/attachments  
 \$ \_\_\_\_\_ Hats  
 \$ \_\_\_\_\_ Uniform cleaning  
 \$ \_\_\_\_\_ Patches/badges/name tags  
 \$ \_\_\_\_\_ Uniform Alterations  
 \$ \_\_\_\_\_ Shoes/Flip Flops: cost  
 \$ \_\_\_\_\_ Gloves

## 4. Medical Supplies

\$ \_\_\_\_\_ Stethoscope  
 \$ \_\_\_\_\_ BP cuff  
 \$ \_\_\_\_\_ First aid kit  
 \$ \_\_\_\_\_ Trauma pack  
 \$ \_\_\_\_\_ Pen lights  
 \$ \_\_\_\_\_ Shears/scissors  
 \$ \_\_\_\_\_ Other: \_\_\_\_\_

## 5. Dues & Work Related Publications

\$ \_\_\_\_\_ Union dues  
 \$ \_\_\_\_\_ Association/CSLSA/USLA dues  
 \$ \_\_\_\_\_ Medical reference books  
 \$ \_\_\_\_\_ Professional magazines/journals  
 \$ \_\_\_\_\_ Other: \_\_\_\_\_

## 6. Required Fitness

\$ \_\_\_\_\_ Gym dues  
 \$ \_\_\_\_\_ Master's Swimming Fees  
 \$ \_\_\_\_\_ Dept. Logoed P/T Clothing  
 \$ \_\_\_\_\_ Gym Shoes/Running Shoes  
 \$ \_\_\_\_\_ Lifting gloves  
 \$ \_\_\_\_\_ Home gym set/weights  
 \$ \_\_\_\_\_ Weight belt  
 \$ \_\_\_\_\_ Swim suit/goggles/swim training equip  
 \$ \_\_\_\_\_ Cycling: bike/repairs/tuning  
 \$ \_\_\_\_\_ Cycling: helmet/shoes  
 \$ \_\_\_\_\_ Paddleboard/Surfboard Purchase  
 \$ \_\_\_\_\_ Surf Ski/Outrigger Purchase  
 \$ \_\_\_\_\_ Board Repair/Maintenance  
 \$ \_\_\_\_\_ Other: \_\_\_\_\_

## 7. Travel Costs

(Out of town education/job hunting)

\_\_\_\_\_ Car mileage  
 \$ \_\_\_\_\_ Air/bus/train fares  
 \$ \_\_\_\_\_ Car rental/taxi  
 \$ \_\_\_\_\_ Hotel/meals/gratuity  
 \$ \_\_\_\_\_ Other: \_\_\_\_\_

## 8. Continuing Education

\$ \_\_\_\_\_ Tuition/class fees  
 \$ \_\_\_\_\_ Text books/supplies  
 \$ \_\_\_\_\_ Parking fees  
 \$ \_\_\_\_\_ Seminars  
 \$ \_\_\_\_\_ Correspondence Course fees

## 9. Certification Fees

\$ \_\_\_\_\_ State  
 \$ \_\_\_\_\_ County  
 \$ \_\_\_\_\_ National Registry  
 \$ \_\_\_\_\_ Other: \_\_\_\_\_

## 10. Mileage

\_\_\_\_\_ Continuing Education  
 \_\_\_\_\_ Fitness  
 \_\_\_\_\_ Union Meetings  
 \_\_\_\_\_ Station to station  
 \_\_\_\_\_ Area familiarization/other

I understand this worksheet provides a way for me to organize my deduction information only. Whether or not an item is listed on this worksheet is not necessarily an indicator of whether or not an item is deductible. Tax regulations change often and specific circumstances may determine whether or not any item is relevant to my situation. This worksheet cannot substitute for tax knowledge or professional tax advice.