

Name: _____

1. Communication Expenses

- \$ _____ Cellular Phone purchase
- \$ _____ Monthly cellular expenses
- _____ % used for Business
- \$ _____ Long distance/Toll calls
- \$ _____ Answering machine
- \$ _____ Voice mail
- \$ _____ Monthly internet expenses

2. Job Supplies/Safety Equipment

- \$ _____ Strike Bag/Gear Bag/Backpack
- \$ _____ Flashlight & batteries
- \$ _____ Knife/Utility Tool
- \$ _____ Camelback
- \$ _____ Binoculars
- \$ _____ Webbing/Repelling gear
- \$ _____ Helmet
- \$ _____ Rain gear
- \$ _____ Equipment Repairs/Maintenance
- \$ _____ Protective eye wear/sunglasses
- \$ _____ Maps
- \$ _____ Office supplies/Calendars
- \$ _____ Recorder & Tapes
- \$ _____ Sunscreen
- \$ _____ Wetsuits
- \$ _____ Rash Guard
- \$ _____ Hand Protection/Gloves
- \$ _____ Fins
- \$ _____ Rescue Can/Buoy
- \$ _____ Radio/Radio Equipment

3. Uniforms & Upkeep

- \$ _____ Shirts
- \$ _____ Pants
- \$ _____ Board Shorts
- \$ _____ T-shirts
- \$ _____ Sweatshirts
- \$ _____ Jacket
- \$ _____ Belt/attachments
- \$ _____ Hats
- \$ _____ Uniform cleaning
- \$ _____ Patches/badges/name tags
- \$ _____ Uniform Alterations
- \$ _____ Shoes/Flip Flops: cost
- \$ _____ Gloves

4. Medical Supplies

- \$ _____ Stethoscope
- \$ _____ BP cuff
- \$ _____ First aid kit
- \$ _____ Trauma pack
- \$ _____ Pen lights
- \$ _____ Shears/scissors
- \$ _____ Other: _____

5. Dues & Work Related Publications

- \$ _____ Union dues
- \$ _____ Association/CSLSA/USLA dues
- \$ _____ Medical reference books
- \$ _____ Professional magazines/journals
- \$ _____ Other: _____

6. Required Fitness

- \$ _____ Gym dues
- \$ _____ Master's Swimming Fees
- \$ _____ Dept. Logoed P/T Clothing
- \$ _____ Gym Shoes/Running Shoes
- \$ _____ Lifting gloves
- \$ _____ Home gym set/weights
- \$ _____ Weight belt
- \$ _____ Swim suit/goggles/swim training equip
- \$ _____ Cycling: bike/repairs/tuning
- \$ _____ Cycling: helmet/shoes
- \$ _____ Paddleboard/Surfboard Purchase
- \$ _____ Surf Ski/Outrigger Purchase
- \$ _____ Board Repair/Maintenance
- \$ _____ Other: _____

7. Travel Costs

(Out of town education/job hunting)

- _____ Car mileage
- \$ _____ Air/bus/train fares
- \$ _____ Car rental/taxi
- \$ _____ Hotel/meals/gratuity
- \$ _____ Other: _____

8. Continuing Education

- \$ _____ Tuition/class fees
- \$ _____ Text books/supplies
- \$ _____ Parking fees
- \$ _____ Seminars
- \$ _____ Correspondence Course fees

9. Certification Fees

- \$ _____ State
- \$ _____ County
- \$ _____ National Registry
- \$ _____ Other: _____

10. Mileage

- _____ Continuing Education
- _____ Fitness
- _____ Union Meetings
- _____ Station to station
- _____ Area familiarization/other

I understand this worksheet provides a way for me to organize my deduction information only. Whether or not an item is listed on this worksheet is not necessarily an indicator of whether or not an item is deductible. Tax regulations change often and specific circumstances may determine whether or not any item is relevant to my situation. This worksheet cannot substitute for tax knowledge or professional tax advice.